

PECO Cross Country League 2024-25: Race 5 (Stockeld Park)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	48	Roden	Freddie	Abbey Runners	MSEN	28:51	1	
2	1002	Lomas	Adam	Hyde Park Harriers	MSEN	30:18	2	
3	221	Shacklock	Luke	Harrogate Harriers & AC	MSEN	30:43	3	
4	1225	Vogel	Joost	Valley Striders AC	M35	30:53	1	
5	287	Blackwood	Douglas	Hyde Park Harriers	MSEN	31:12	4	
6	404	Llewellyn	Ryan	Kirkstall Harriers	MSEN	31:16	5	
7	248	Boynton	Philip	Horsforth Harriers	M35	31:21	2	
8	281	Ahmed	Abdu	Hyde Park Harriers	MSEN	31:55	6	
9	300	Douglas	Benjamin	Hyde Park Harriers	MSEN	32:02	7	Y
10	1253	Shearer	Craig	Wharfedale Harriers	M35	32:02	3	Y
11	953	Mitchell	Thomas	Harrogate Harriers & AC	MSEN	32:15	8	
12	350	Sykes	Richard	Hyde Park Harriers	M40	32:20	1	
13	170	Richards	Samuel	Chapel Allerton Runners	MSEN	32:23	9	
14	837	Carter	Dom	York Postal Harriers	MSEN	32:28	10	
15	129	Richardson	Gareth	Bradford Airedale AC	MSEN	32:29	11	
16	1353	Willis	Alfie	Nidd Valley Road Runners	MSEN	32:32	12	
17	1321	O'Hara	Jordan	Wharfedale Harriers	MSEN	32:35	13	
18	29	Hutchison	Ross	Abbey Runners	M40	32:37	2	
19	1315	Panesar	Rav	Valley Striders AC	M40	32:42	3	
20	880	Newbould	Ed	Abbey Runners	MSEN	32:53	14	
21	999	Kemp	Chris	Hyde Park Harriers	MSEN	32:54	15	
22	418	Wells	Simon	Kirkstall Harriers	M35	32:56	4	
23	1485	Judson	George	Abbey Runners	MSEN	33:06	16	
24	25	Holmes	Matthew	Abbey Runners	M45	33:06	1	
25	703	Herrington	Richard	St Therasas AC	M40	33:16	4	
26	1245	Holmes	Christian	Wharfedale Harriers	M50	33:17	1	
27	989	Douglas	Euan	Hyde Park Harriers	MSEN	33:18	17	
28	1388	Frosztega	Richard	Harrogate Harriers & AC	M40	33:25	5	
29	712	Morrison	Cairn	St Therasas AC	M45	33:27	2	
30	1201	Whiting	Tom	Vale of York Athletic Community	MSEN	33:32	18	Y
31	874	Brienen	Stef	Abbey Runners	MSEN	33:34	19	
32	159	Lawrence	Simon	Chapel Allerton Runners	MSEN	33:34	20	
33	145	Green	Joseph	Chapel Allerton Runners	MSEN	33:36	21	
34	932	Mortimer	Charlie	Chapel Allerton Runners	M40	33:38	6	
35	280	Adkins	Tobias	Hyde Park Harriers	MSEN	33:43	22	
36	173	Robins	Sam	Chapel Allerton Runners	MSEN	33:49	23	
37	31	Jenkins	Liam	Abbey Runners	MSEN	33:51	24	
38	636	Rao	Nicholas	Roundhay Runners	MSEN	33:53	25	
39	359	Vargas	Michael	Hyde Park Harriers	M40	33:54	7	
40	453	Brierley	Jack	Nidd Valley Road Runners	MSEN	33:55	26	
41	1113	Cliffe	Mark	Rothwell Harriers & AC	MSEN	33:56	27	
42	222	Somerville	Gareth	Harrogate Harriers & AC	MSEN	34:01	28	
43	731	Brion	Kealan	Vale of York Athletic Community	MSEN	34:03	29	Y
44	732	Bromley	Harry	Vale of York Athletic Community	MSEN	34:07	30	
45	887	Wilson	Evan	Abbey Runners	MSEN	34:12	31	
46	399	Hardy	Lee	Kirkstall Harriers	M40	34:14	8	

47	438	Macauley	Craig	Knaresborough Striders	M35	34:15	5	
48	632	Morton	Joseph	Roundhay Runners	M40	34:16	9	
49	721	Weston	Anthony	St Therasas AC	M50	34:27	2	
50	164	Mather	David	Chapel Allerton Runners	M45	34:29	3	
51	1311	Graham	Jamie	St Therasas AC	M45	34:34	4	
52	1138	Furlong	Ian	Roundhay Runners	M40	34:36	10	
53	1419	Exeter	Tom	Chapel Allerton Runners	M35	34:37	6	
54	537	Martin	Thomas	Pudsey & Bramley AC	MSEN	34:37	32	
55	149	Harrold	Brian	Chapel Allerton Runners	M35	34:37	7	
56	1045	Hipkiss	Jack	Kirkstall Harriers	MSEN	34:44	33	
57	1016	Gott	Steven	Ilkley Harriers	M45	34:52	5	
58	1215	Mann	Gary	Valley Striders AC	M40	34:54	11	
59	922	Anderton	Tom	Chapel Allerton Runners	MSEN	34:56	34	
60	454	Bryer	Josh	Nidd Valley Road Runners	MSEN	34:58	35	
61	905	Torr	Daniel	Ackworth Road Runners	MSEN	35:00	36	
62	265	Hammond	Matthew	Horsforth Harriers	M40	35:09	12	
63	644	Turner	Andy	Roundhay Runners	M35	35:09	8	
64	1120	Kitchen	Miles	Rothwell Harriers & AC	MSEN	35:11	37	Y
65	994	Hadley	Jonny	Hyde Park Harriers	MSEN	35:17	38	
66	1182	Johnson	Glen	St Therasas AC	M50	35:18	3	
67	54	Scholefield	Phillip	Abbey Runners	M35	35:19	9	
68	1003	Malkin	Alexander	Hyde Park Harriers	MSEN	35:21	39	
69	657	Fillingham	Martin	Saltaire Striders	M50	35:23	4	
70	322	Knighton	Richard	Hyde Park Harriers	MSEN	35:25	40	
71	474	Kingston	Rob	Nidd Valley Road Runners	MSEN	35:30	41	
72	122	Colley	Ashley	Bradford Airedale AC	M35	35:31	10	
73	1128	Travis	Joe	Rothwell Harriers & AC	MSEN	35:32	42	
74	458	Clark	Kevin	Nidd Valley Road Runners	M40	35:34	13	
75	437	Kilmurray	Tom	Knaresborough Striders	MSEN	35:46	43	
76	714	Parker	Dave	St Therasas AC	M60	35:47	1	
77	766	Grave	Paul	Valley Striders AC	M45	35:50	6	
78	717	Robson	John	St Therasas AC	M45	35:55	7	
79	838	Carter	Jim	York Postal Harriers	M50	35:56	5	
80	1062	Aylesbury	Caleb	Nidd Valley Road Runners	MSEN	35:58	44	
81	992	Garratt	Richard	Hyde Park Harriers	M45	36:09	8	
82	392	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	36:11	45	
83	1339	Middleton	Joe	Ackworth Road Runners	MSEN	36:11	46	
84	1490	Blacker	Joshua John	Knaresborough Striders	MSEN	36:12	47	
85	220	Shacklock	Ben	Harrogate Harriers & AC	M45	36:12	9	
86	165	Nunn	Sam	Chapel Allerton Runners	MSEN	36:13	48	
87	656	Dunbar	Stuart	Saltaire Striders	M60	36:25	2	
88	198	Ingoe	Anthony	Dragons Running Club (Leeds)	M40	36:34	14	
89	396	Coldwell	Ben	Kirkstall Harriers	MSEN	36:45	49	
90	2557	Zemlik	Darren	Wharfedale Harriers	M50	36:47	6	
91	355	Taylor	Lee	Hyde Park Harriers	M45	36:59	10	
92	1242	Charlesworth	Nicholas	Wharfedale Harriers	M55	37:02	1	
93	631	Mcmullan	Geoff	Roundhay Runners	M45	37:04	11	
94	1124	Snow	Daniel	Rothwell Harriers & AC	MSEN	37:06	50	
95	113	Walker	Richard	Airecentre Pacers	M50	37:10	7	
96	79	Lines	Charles	Ackworth Road Runners	M60	37:17	3	

97	1121	Lyon	Nick	Rothwell Harriers & AC	M40	37:18	15	
98	1374	Sharpe	Matthew	Abbey Runners	MSEN	37:20	51	
99	783	Sanderson	Ian	Valley Striders AC	M50	37:24	8	
100	465	Hesford	Ian	Nidd Valley Road Runners	M45	37:26	12	
101	599	Westmoreland	Jason	Rothwell Harriers & AC	M55	37:28	2	
102	1202	Bandy	Clive	Valley Striders AC	M45	37:30	13	
103	843	Partridge	Simon	York Postal Harriers	M45	37:32	14	
104	793	Vallance	Simon	Valley Striders AC	M55	37:46	3	
105	810	Davey	Richard	Wetherby Runners AC	M50	37:48	9	
106	335	Pratt	John	Hyde Park Harriers	M40	37:48	16	
107	1095	Walsh	Jamie	Otley AC	MSEN	37:49	52	
108	1493	Danielczyk	Dawid	Rothwell Harriers & AC	MSEN	37:50	53	
109	476	Lofthouse	Martin	Nidd Valley Road Runners	M55	37:51	4	
110	539	Shamim	Reuben	Pudsey & Bramley AC	MSEN	37:58	54	
111	652	Carlton	James	Saltaire Striders	MSEN	38:00	55	
112	1400	Ashton	Rogan	Otley AC	M50	38:02	10	
113	791	Tarran	James	Valley Striders AC	M55	38:04	5	
114	2541	Bennett	Paul	Vale of York Athletic Community	M45	38:06	15	
115	345	Shakespeare	Ed	Hyde Park Harriers	MSEN	38:07	56	
116	516	Hornby	Sean	Otley AC	M50	38:08	11	
117	987	Broadhead	Curtis	Hyde Park Harriers	MSEN	38:19	57	
118	1480	Cornforth	James	Knaresborough Striders	MSEN	38:23	58	
119	705	I'anson	David	St Therasas AC	M65	38:24	1	
120	888	Antcliff	Chris	Ackworth Road Runners	M45	38:27	16	
121	426	Cornforth	Philip	Knaresborough Striders	M55	38:28	6	
122	483	Rickard	Matt	Nidd Valley Road Runners	M45	38:30	17	
123	1213	Jones	Steven	Valley Striders AC	MSEN	38:33	59	
124	6355	Pemberton	Max	Bradford Airedale AC	MSEN	38:34	60	
125	839	Carter	Matt	York Postal Harriers	M45	38:34	18	
126	6494	Biddulph	Tom	Valley Striders AC	MSEN	38:34	61	
127	361	Wallis	Nigel	Hyde Park Harriers	M45	38:37	19	
128	410	Moger	Adam	Kirkstall Harriers	M45	38:39	20	
129	44	O'Donnell	Gerard	Abbey Runners	M40	38:41	17	
130	197	Huisman	Daniel	Dragons Running Club (Leeds)	MSEN	38:41	62	
131	1401	Robertshaw	Andrew	Otley AC	M50	38:42	12	
132	629	Macdonald	Matthew	Roundhay Runners	MSEN	38:49	63	
133	151	Hill	Jason	Chapel Allerton Runners	MSEN	38:50	64	
134	85	Robinson	Michael	Ackworth Road Runners	M35	38:50	11	
135	218	Sayner	Oliver	Harrogate Harriers & AC	M35	38:51	12	Y
136	1148	Sklinar	Stu	Roundhay Runners	M35	38:54	13	
137	1439	Fotherby	Paul	Valley Striders AC	M50	38:56	13	
138	50	Rogerson	Tom	Abbey Runners	M45	38:57	21	
139	1320	Mc Aleavy	Stuart	Wharfedale Harriers	M50	38:59	14	
140	1047	Nodwell	Adam	Kirkstall Harriers	M40	39:01	18	Y
141	368	Gerrish	Adam	Ilkley Harriers	MSEN	39:02	65	
142	246	Baines	Andrew	Horsforth Harriers	M45	39:07	22	
143	1278	Askin	Chris	Ackworth Road Runners	MSEN	39:07	66	
144	1241	Tunnard	Tim	Wetherby Runners AC	M55	39:11	7	
145	65	Wray-Rogers	Luke	Abbey Runners	M45	39:22	23	
146	998	Hulson	Olly	Hyde Park Harriers	M35	39:23	14	

147	822	Wallhead	Nick	Wetherby Runners AC	M45	39:30	24	
148	229	Wilkinson	Gary	Harrogate Harriers & AC	M50	39:37	15	
149	1414	Grant	George	Wetherby Runners AC	M35	39:37	15	
150	1495	Plews	Chris	Wetherby Runners AC	M50	39:46	16	
151	2547	Fidczuk	George	Hyde Park Harriers	MSEN	39:48	67	
152	234	Glover	Steven	Harrogate Tri Club	M40	39:51	19	
153	1097	Mann	Chris	Pudsey & Bramley AC	M40	39:52	20	
154	1283	Haynes	Richard	Airecentre Pacers	M35	39:53	16	
155	299	Donnelly	Dan	Hyde Park Harriers	M55	39:58	8	
156	161	Lister	Mike	Chapel Allerton Runners	M35	40:06	17	
157	2554	Casement	Rich	Horsforth Harriers	M40	40:09	21	
158	1042	Weeks	Andrew	Kippax & District Harriers	M45	40:10	25	
159	37	Lillford	Steve	Abbey Runners	M45	40:18	26	
160	1302	Yates	Jonny	Roundhay Runners	M40	40:22	22	
161	6	Ashworth	Richard	Abbey Runners	M50	40:23	17	
162	689	Bould	Richard	St Therasas AC	M40	40:25	23	
163	430	Ellmore	Steve	Knaresborough Striders	M55	40:26	9	
164	375	Singleton	David	Ilkley Harriers	M50	40:28	18	
165	10	Bastin	Tony	Abbey Runners	M55	40:32	10	
166	268	Landells	Martin	Horsforth Harriers	M60	40:33	4	
167	521	Keay	Andy	Otley AC	M40	40:34	24	
168	818	McNicholas	Edward	Wetherby Runners AC	MSEN	40:35	68	
169	429	Edmondson	Ewan	Knaresborough Striders	M60	40:36	5	
170	212	Jordan	Mark	Harrogate Harriers & AC	M65	40:41	2	
171	407	Masey	Jack	Kirkstall Harriers	M35	40:47	18	
172	421	Brock	Martin	Knaresborough Striders	M45	40:49	27	
173	254	Douglas	Andy	Horsforth Harriers	M50	40:52	19	
174	330	Mephram	Ben	Hyde Park Harriers	MSEN	40:58	69	
175	742	Musgrove	Neil	Vale of York Athletic Community	M40	40:58	25	
176	155	Isherwood	David	Chapel Allerton Runners	M45	41:00	28	
177	463	Easton	Jonathan	Nidd Valley Road Runners	M45	41:02	29	
178	156	Jewitt	Fred	Chapel Allerton Runners	MSEN	41:03	70	
179	1057	Rockall	James	Knaresborough Striders	M40	41:04	26	
180	441	Moffatt	Simon	Knaresborough Striders	M55	41:09	11	
181	2552	Peacock	Tom	Chapel Allerton Runners	MSEN	41:14	71	
182	906	Wallace	David	Ackworth Road Runners	M55	41:15	12	
183	2551	Frazer	Martin	Abbey Runners	M55	41:16	13	
184	1438	Allen	Matthew	Valley Striders AC	M45	41:20	30	
185	7498	Bennett	Simon	Ackworth Road Runners	M65	41:22	3	
186	257	Eagle	Jonathan	Horsforth Harriers	M60	41:23	6	
187	45	Parker	Karl	Abbey Runners	MSEN	41:32	72	
188	1114	Duckering	Josh	Rothwell Harriers & AC	MSEN	41:35	73	
189	1236	Richards	Ben	Wetherby Runners AC	MSEN	41:38	74	
190	573	Bywater	Andy	Rothwell Harriers & AC	M45	41:43	31	
191	1198	Johnson	Richard	Vale of York Athletic Community	M35	41:44	19	
192	785	Sedgley	Matthew	Valley Striders AC	MSEN	41:46	75	
193	1068	Cocker	Simon	Nidd Valley Road Runners	M55	41:46	14	
194	910	Gatenby	Robert	Airecentre Pacers	M45	41:48	32	
195	446	Tattersall	Andrew	Knaresborough Striders	M55	41:50	15	
196	439	Marshall	Guy	Knaresborough Striders	M60	41:50	7	

197	494	Turner	Steven	Nidd Valley Road Runners	M50	42:10	20	
198	442	Morland	Steve	Knaresborough Striders	M50	42:12	21	
199	741	Middup	Steve	Vale of York Athletic Community	M65	42:17	4	
200	405	Longmate	Kevin	Kirkstall Harriers	M35	42:20	20	
201	849	Summerson	George	York Postal Harriers	M40	42:21	27	
202	1027	Davy	Alan	Kippax & District Harriers	M45	42:21	33	
203	1338	Marshall	Nev	Ackworth Road Runners	M60	42:29	8	
204	623	Hodge	Tony	Roundhay Runners	M50	42:37	22	
205	996	Hartley	Ben	Hyde Park Harriers	M45	42:40	34	
206	634	Page	Mick	Roundhay Runners	M70	42:40	1	Y
207	1131	Blakeley	Matthew	Roundhay Runners	M50	42:41	23	
208	746	Senior	Martin	Vale of York Athletic Community	M50	42:42	24	
209	7499	Winterbottom	Josh	Saltaire Striders	MSEN	42:42	76	
210	376	Snow	Matthew	Ilkley Harriers	M45	42:43	35	
211	488	Shaw	Michael	Nidd Valley Road Runners	M45	42:45	36	
212	95	Walker	Will	Ackworth Road Runners	M40	42:57	28	
213	1218	Parton	Adam	Valley Striders AC	M50	42:57	25	
214	857	Laughton	Mark	York Triathlon Club	M55	42:59	16	
215	163	Lyons	Chris	Chapel Allerton Runners	M45	43:06	37	
216	480	Patel	Girish	Nidd Valley Road Runners	M55	43:08	17	
217	451	Abbott	Richard	Nidd Valley Road Runners	M45	43:09	38	
218	1054	Knott	Richard	Knaresborough Striders	M60	43:13	9	
219	207	Gill	Michael	Harrogate Harriers & AC	M55	43:13	18	
220	736	Grice	John James	Vale of York Athletic Community	MSEN	43:13	77	
221	929	Kendell	John	Chapel Allerton Runners	M45	43:15	39	
222	582	Gregory	Mark	Rothwell Harriers & AC	M60	43:19	10	Y
223	1009	Sawyer	Paul	Hyde Park Harriers	M40	43:20	29	
224	860	Mitchell	Richard	York Triathlon Club	M35	43:23	21	
225	1011	Webster	Harry	Hyde Park Harriers	MSEN	43:26	78	
226	1221	Slater	James	Valley Striders AC	M50	43:26	26	
227	185	Waddington	Thomas	Chapel Allerton Runners	M35	43:27	22	
228	428	Dobinson	Derek	Knaresborough Striders	M45	43:29	40	
229	1211	Jackson	Jon	Valley Striders AC	M55	43:36	19	
230	1070	Fugill	Sam	Nidd Valley Road Runners	M40	43:51	30	
231	540	Shamim	Salman	Pudsey & Bramley AC	M50	43:57	27	
232	136	Bentley	Tim	Chapel Allerton Runners	MSEN	44:01	79	
233	178	Sellman	Richard	Chapel Allerton Runners	M45	44:16	41	
234	735	Gargett	James	Vale of York Athletic Community	M40	44:20	31	Y
235	538	Rafton	David	Pudsey & Bramley AC	M40	44:25	32	Y
236	415	Sykes-Hooban	Matt	Kirkstall Harriers	M45	44:34	42	
237	671	Mosedale	Tim	Saltaire Striders	M40	44:38	33	
238	1078	Scaife	Nigel	Nidd Valley Road Runners	M50	44:41	28	
239	444	Newton	Stephen	Knaresborough Striders	M55	44:52	20	
240	649	Weight	Dave	Roundhay Runners	M60	44:57	11	
241	1031	Harding	Andrew	Kippax & District Harriers	M50	44:58	29	
242	294	Cartwright	Richard	Hyde Park Harriers	M40	45:16	34	
243	8	Balkwill	James	Abbey Runners	M50	45:17	30	
244	596	Thorpe	Stuart	Rothwell Harriers & AC	M55	45:21	21	
245	794	Wallace	John	Valley Striders AC	M55	45:24	22	
246	23	Greene	Paul	Abbey Runners	M65	45:26	5	

247	139	Cuthbertson	Nic	Chapel Allerton Runners	M60	45:27	12	
248	61	Ward	John	Abbey Runners	M70	45:29	2	
249	529	Richards	Oliver	Otley AC	M40	45:44	35	
250	1352	Andralojc	Nick	Nidd Valley Road Runners	M60	45:45	13	
251	678	Spencer	Tim	Saltaire Striders	M65	45:48	6	
252	925	Golphin	Simon	Chapel Allerton Runners	M50	45:54	31	
253	903	Sidwell	David	Ackworth Road Runners	M40	45:55	36	
254	295	Crawford	Gordon	Hyde Park Harriers	M70	46:06	3	
255	196	Harrison	Robert	Dragons Running Club (Leeds)	M50	46:10	32	
256	232	Dunn	Paul	Harrogate Tri Club	M40	46:25	37	
257	143	Gibson	Paul	Chapel Allerton Runners	M65	46:25	7	
258	613	Common	Paul	Roundhay Runners	M60	46:31	14	
259	868	Steel	Phil	York Triathlon Club	M45	46:35	43	
260	1396	Kirk	Stephen	Knaresborough Striders	M50	46:40	33	
261	871	Wray	Scott	York Triathlon Club	M55	46:48	23	
262	733	Bromley	Richard	Vale of York Athletic Community	M55	46:59	24	
263	867	Souch	Iain	York Triathlon Club	M55	47:11	25	
264	1413	Sutton	Leroy	Valley Striders AC	M65	47:12	8	
265	763	Fox	Ken	Valley Striders AC	M65	47:13	9	
266	78	Leach	Adrian	Ackworth Road Runners	M55	47:17	26	
267	290	Brown	Stephen	Hyde Park Harriers	M55	47:39	27	
268	216	Murphy	Kevin Malachy	Harrogate Harriers & AC	M65	47:39	10	
269	228	Walker	Mark	Harrogate Harriers & AC	M60	47:42	15	
270	321	Kidner	Ralph	Hyde Park Harriers	M70	47:44	4	
271	807	Callaghan	Peter	Wetherby Runners AC	M60	47:50	16	
272	1025	Copley	James	Kippax & District Harriers	M35	47:59	23	
273	387	Hammond	Paul	Kippax & District Harriers	M60	48:08	17	
274	1048	Smith	Simon	Kirkstall Harriers	M50	48:20	34	
275	422	Clarke	Andy	Knaresborough Striders	M50	48:22	35	
276	286	Beswick	Alan	Hyde Park Harriers	M60	48:43	18	
277	132	Wignall	Michael	Bradford Airedale AC	M40	49:10	38	
278	385	Durkin	Paul	Kippax & District Harriers	M60	49:25	19	
279	462	Duckworth	Roger	Nidd Valley Road Runners	M55	49:27	28	
280	945	Rollett	Andrew	Dragons Running Club (Leeds)	M40	49:32	39	
281	1408	Dixon	Stephen	Valley Striders AC	M70	49:35	5	
282	755	Brough	Michael	Valley Striders AC	M65	49:40	11	
283	660	Griffiths	Alun	Saltaire Striders	M65	49:45	12	
284	1428	Leijssen	Roar	Ilkley Harriers	M50	49:50	36	
285	182	Sutcliffe	Adam	Chapel Allerton Runners	M50	49:51	37	
286	873	Blinston	Peter	Abbey Runners	M55	50:09	29	
287	1454	Wigglesworth	Daniel	Vale of York Athletic Community	M40	50:10	40	
288	530	Walsh	Carl	Otley AC	M60	50:23	20	
289	60	Walton	Clive	Abbey Runners	M55	50:39	30	
290	18	Craddock	Charlie	Abbey Runners	M55	50:53	31	
291	134	Allison	David	Chapel Allerton Runners	M50	51:12	38	
292	522	Lake	Graham	Otley AC	M45	51:40	44	
293	7512	Isaacs	Tim	Rothwell Harriers & AC	M60	52:17	21	
294	745	Plows	Brad	Vale of York Athletic Community	MSEN	52:44	80	
295	1494	Gore	Tim	Saltaire Striders	M50	52:57	39	
296	978	Russell	Peter	Horsforth Harriers	M60	53:02	22	

297	1071	Kay	Jonathan	Nidd Valley Road Runners	M40	54:41	41	
298	1476	Barton	Paul	Ackworth Road Runners	M55	55:39	32	
299	768	Jackson	Bob	Valley Striders AC	M70	57:15	6	
300	980	Taylor	Ian	Horsforth Harriers	M55	57:32	33	
301	591	Noble	Stephen	Rothwell Harriers & AC	M55	58:23	34	
302	574	Bywater	Chris	Rothwell Harriers & AC	M70	59:11	7	
303	974	Dinsdale	Mark	Horsforth Harriers	M55	59:37	35	
304	177	Sedgley	Neil	Chapel Allerton Runners	M55	1:00:07	36	
305	1297	Morley	Eric	Knarborough Striders	M70	1:00:50	8	
306	1172	Silva	Mervyn	Saltaire Striders	M65	1:01:47	13	
307	1145	Moore	Colin	Roundhay Runners	M70	1:02:01	9	
308	227	Umpleby	Martin	Harrogate Harriers & AC	M50	1:02:10	40	
309	826	Thompson	Geoff	Wharfedale Harriers	M65	1:06:33	14	
310	503	Cardinale	Antonio	Otley AC	M75	1:24:31	1	